CumbriaHealth

NHS
North East and
North Cumbria
WorkWell Service

Privacy Notice

Background Information

Cumbria Health, whose registered office is 4 Wavell Drive, Rosehill Industrial Estate, Carlisle, CA1 2SE, is a Data Controller. This means we determine the purpose and means of processing your personal data.

Cumbria Health is required to appoint a Data Protection Officer (DPO). We use an external DPO whose details are provided below:

Yvonne Salkeld

Head of Information Governance

North Cumbria Integrated Care

Maglona House, Unit 68, Kingstown Broadway, Carlisle, CA3 0HA

Tel: 01228 603927

You should contact the DPO if you have any concerns about the information contained in this privacy notice or about data protection within Cumbria Health generally.

Your Rights

Participation in the Work Well programme is completely voluntary. You do not have to take part, and choosing not to participate will not affect any benefits you currently receive.

If you decide to join but later change your mind, you can leave the programme at any time.

Accessing Your Personal Information

You have the right to request access to the personal information we hold about you. To do this, please provide:

- Your full name
- A contact address (email or postal)
- A clear description of the information you are requesting
- Your preferred format for receiving the information (e.g., email or postal)

Please send your request to:

Information Governance Team
Yvonne Salkeld, Head of Information Governance
North Cumbria Integrated Care

CumbriaHealth

NHS
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Maglona House, Unit 68, Kingstown Broadway
Carlisle, CA3 0HA
Tel: 01228 603927

Correcting Your Information

If any of your personal information is incorrect or incomplete, you can request that we correct it.

Concerns About Your Information

If you are concerned about how your information is being used, you can contact the above-named Data protection officer for Cumbria Health.

You can also contact the **Information Commissioner's Office (ICO)**:
Visit www.ico.org.uk or call 0303 123 1113.

What Information Is Collected and Shared

We may Collect and share your information with partner organisations relevant to your care. This may include personal details such as your name, date of birth, and any other information necessary to support you.

How Your Information Is Protected

Cumbria Health keeps your information safe and complies with the Data Protection Act and UK General Data Protection Regulation (GDPR). You can read our full privacy notice on Privacy Policy | Cumbria Health